

1c. Curriculum Overview: Personal Development



SAINTS PETER AND PAUL
CATHOLIC HIGH SCHOOL

Year 10 Personal Development			
Refer to	Term 1 – September to December	Term 2 – January to March	Term 3 – April to July
	<p>Health and Wellbeing Mental Health</p> <p>Mental health and ill health, stigma, safeguarding health, including during periods of transition or change.</p> <p>Living in the Wider World Financial decision making</p> <p>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices.</p>	<p>Relationships Healthy Relationships</p> <p>Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography.</p> <p>Health and Wellbeing Exploring influences</p> <p>The influence and impact of drugs, gangs, role models and the media.</p>	<p>Relationships Addressing extremism and radicalisation</p> <p>Communities, belonging and challenging extremism.</p> <p>Living in the Wider World Work experience</p> <p>Preparation for and evaluation of work experience and readiness for work.</p>

1c. Curriculum Overview: Personal Development



SAINTS PETER AND PAUL
CATHOLIC HIGH SCHOOL

Year 11 Personal Development			
Refer to	Term 1 – September to December	Term 2 – January to March	Term 3 – April to July
	<p>Health and Wellbeing Building for the future</p> <p>Self-efficacy, stress management, and future opportunities.</p> <p>Living in the Wider World Next Steps</p> <p>Application processes, and skills for further education, employment and career progression.</p>	<p>Relationships Communication in relationships</p> <p>Personal values, assertive communication, relationship challenges and abuse.</p> <p>Health and Wellbeing Independence</p> <p>Responsible health choices, and safety in independent contexts.</p>	<p>Relationships Families</p> <p>Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships.</p>