

2. Curriculum Overview

Year 10 Health and Social Care

Half Term	HT1	HT2	HT3	HT4	HT5	HT6
Topic	Unit RO33: Supporting Individuals through Life Events.				Unit R032: Principles of care in health and social care settings	
Key knowledge and skills	<p>Topic Area 1 <u>Life Stages:</u> Life stages and key milestones of growth and development for age groups: 4-10 years (childhood), 11-18 years (adolescence), 19-45 years (young adulthood), 46-65 years (middle adulthood), 65+ years (older adulthood) <u>PIES development across the life stages:</u> Physical – fine and gross motor skills, mobility, characteristic body changes, sexual characteristics, puberty, menopause, ageing characteristics Intellectual – language development, sentence construction, logical thinking, problem solving, decision making, deterioration of mental abilities Emotional – bonding, different attachments, independence, self-confidence, self-image, self-esteem, love, affection Social – relationships, social skills, responsibilities <u>Factors affecting growth and development across the life stages:</u> Physical factors, Social factors, Emotional factors, Economic factors, Cultural factors, Environmental factors</p> <p>Topic Area 2: Impacts of Life Events <u>Expected and unexpected life events:</u> physical events, relationship changes and life circumstances Impacts that life events have on individuals' development, including financial Identifying individual's needs based on the impacts of life events</p> <p>Topic Area 3: Sources of Support <u>Sources of support:</u> formal, informal and charities The roles of practitioners in providing support The roles of informal care givers in providing support How practitioners meet individual needs enable/promote independence medical/mental health support/ provide care support, respite care, financial support and advice and guidance Person centred values and how HSC professionals can apply them to their care.</p>				<p>Topic Area 1: The rights of service users in health and social care settings: Types of care settings The rights of service users The benefits to service users when rights are maintained.</p>	<p>Topic Area 2: Person Centred Values: Person centred values and how they are applied by service providers Benefits of applying person centred values Effects on service users health and well being when PCV are not applied</p>

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Assessment	<p>Learners will be assessed through written assessments *Students work will be externally moderated by the exam board.</p> <p>Task 1 Life Stages: Describe the milestones of growth and development that an individual has experienced. For the same life stage, explain how the growth and development of the individual has been affected by three different factors.</p> <p>Task 2a Impact of Life Events: Describe two life events and the impact of the life event on the individuals PIES development. Explain what the needs of the individual are based on the life events.</p> <p>Task 2b Sources of Support: Research sources of support about what support is available to your individual. Justify how the needs of your individual can be met, whilst applying personal centred values.</p>	<p>PO1 Recall knowledge and show understanding PO2 Apply knowledge and understanding PO3 Analyse and evaluate knowledge, understanding and performance PO4 Demonstrate and apply skills and processes relevant to the subject area</p> <p>Learners will be assessed: 3x Learning Aim Assessment 2x Mock Exams External Exam</p>
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Year 11 Health and Social Care

Half Term	HT1	HT2	HT3	HT4	HT5	HT6
Topic	Unit R034 Creative and Therapeutic Activities		Unit R032: Principles of care in health and social care settings			
Key knowledge and skills	<p>Topic Area 1: <u>Therapies and their benefits</u> Type of therapies and benefits</p> <p>Topic Area 2: <u>Creative activities and their benefits</u> Types of creative activities and benefits</p> <p>Topic Area 3: <u>Plan a creative activity for individuals or groups in a health or social care setting</u> Factors that affect the selection of activity Benefits to the individual How to plan a creative activity</p> <p>Topic Area 4: <u>Deliver a creative activity and evaluate your own performance</u> <u>Skills/personal qualities required to encourage participation</u> Deliver a creative activity with a group or individual Evaluate performance identifying strengths and weaknesses</p>		<p>Topic area 3: Effective communication in health and social care settings: The important of verbal communication skills The importance of non-verbal communication skills The importance of active listening The importance of specialist methods of communication Importance of effective communication</p>	<p>Topic area 4: protecting service users and service providers in health and social care settings: Safeguarding Infection prevention Safety procedures and measures How security measures protect service users and staff</p>		<p>Revision for exam Exam Date: June 2025</p>
Assessment	<p>Learners will be assessed through written assessments *Students work will be externally moderated by the exam board.</p>		<p>PO1 Recall knowledge and show understanding PO2 Apply knowledge and understanding PO3 Analyse and evaluate knowledge, understanding and performance</p>			

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	<p>Task 1 Therapies and their benefits: Describe two therapies and the benefits to the individual.</p> <p>Task 2 Creative activities and their benefits: describe one creative activity and their benefits to the individual.</p> <p>Task 3 Planning a creative activity: Plan a creative activity whilst considering factors such as timing, equipment, aims and objectives.</p> <p>Task 4 Evaluation based on their own performance: Identify strengths, weaknesses and areas to improve.</p>	<p>PO4 Demonstrate and apply skills and processes relevant to the subject area</p> <p>Learners will be assessed:</p> <p>3x Learning Aim Assessment 2x Mock Exams External Exam</p>	
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