

1c. Curriculum Overview: PE



SAINTS PETER AND PAUL
CATHOLIC HIGH SCHOOL

Year 10 PE			
Refer to	Term 1 – September to December	Term 2 – January to March	Term 3 – April to July
OCR Spec	<p><u>Sports leadership</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> • The personal qualities, styles, roles and responsibilities associated with effective sports leadership • How to plan sports activity sessions • key considerations when planning sports activity sessions • How to deliver sports activity session • How to evaluate own performance in delivering a sports activity session <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> • LO 1 completion week 4 • LO 2 completion week 6 • LO 3 completion week 6-12 • (students will be leading different classes at different times) • LO4 completion week 14 <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> • HMW1: SMH leadership Roles Quiz • HMW2: SMH Role related responsibilities quiz • HMW3: SMH leadership styles quiz • HMW4: LO2. Be able to plan sports activity sessions • HMW5: LO4. Be able to evaluate own performance in delivering a sports activity session 	<p><u>Contemporary issues in sport</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> • The issues which affect participation in sport • The role of sport in promoting values <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> • Baseline assessment (beginning of unit) • LO1 end of content assessment • LO2 end of content assessment <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> • LO1 consolidation questions • LO2 consolidation questions • Revision: Students to complete revision to log hours/revision tasks 	<p><u>Contemporary issues in sport</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> • The importance of hosting major sporting events • The role of national governing bodies in sport <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> • LO3 end of content assessment • LO4 end of content assessment • End of unit mock assessment <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> • LO3 consolidation questions • LO4 consolidation questions • Revision: Students to complete revision to log hours/revision tasks

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Year 11 PE			
Refer to	Term 1 – September to December	Term 2 – January to March	Term 3 – April to July
OCR Spec	<p><u>Developing sports skills</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> How to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activity Know how to use skills, techniques and tactics/strategies/ compositional ideas as a team performer in sporting activity How to officiate in a sporting activity How to apply practice methods to support improvement in a sporting activity <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> LO1 Completion week 3 LO2 Completion week 6 LO3 Completion week 9 LO4 completion week 14 <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> Consolidation quizzes Consolidation Worksheets HMW1: SMH intro quiz HMW2: SMH Types of skill quiz HMW3: SMH Types of practice quiz HMW4: Hodder L4 Extension task 	<p><u>Developing knowledge and skills in outdoor activities</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> Different types of outdoor activities and their provision Understand the value of participating in outdoor activities Be able to plan an outdoor activity Be able to demonstrate knowledge and skills during outdoor activities <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> LO1 completion week 4 (end of January) LO4 completion week 10 (end of February) <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> Consolidation quizzes Consolidation Worksheets HMW1: Hodder L1 Ext Activity HMW2: Hodder L1 Research Activity LO4 is a practical assessment 	<p><u>Developing knowledge and skills in outdoor activities</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> Different types of outdoor activities and their provision Understand the value of participating in outdoor activities Be able to plan an outdoor activity Be able to demonstrate knowledge and skills during outdoor activities <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> LO2 completion (March) LO3 completion (April) <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> Consolidation quizzes Consolidation Worksheets HMW1: Hodder L2 Homework Task HMW2: Hodder L2 Extension task HMW3: Hodder L3 Research Activity HMW4: Hodder L3 Discussion 2 Activity HMW5: SMH Quiz

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