

## 1c. Curriculum Overview: PE (Sport Studies)



SAINTS PETER AND PAUL  
CATHOLIC HIGH SCHOOL

Year 10			
	Term 1	Term 2	Term 3
Refer to OCR specification	<p><u>Unit: Sports leadership</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> <li>The personal qualities, styles, roles and responsibilities associated with effective sports leadership</li> <li>How to plan sports activity sessions</li> <li>key considerations when planning sports activity sessions</li> <li>How to deliver sports activity session</li> <li>How to evaluate own performance in delivering a sports activity session</li> </ul> <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> <li>LO 1 completion wk 4</li> <li>LO 2 completion wk 6</li> <li>LO 3 completion wk 6-12</li> <li>(students will be leading different classes at different times)</li> <li>LO4 completion wk 14</li> </ul> <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> <li>HMW1: SMH leadership Roles Quiz</li> <li>HMW2: SMH leadership styles quiz</li> <li>HMW3: LO2. Be able to plan sports activity sessions</li> <li>HMW4: LO4. Be able to evaluate own performance in delivering a sports activity session.</li> </ul>	<p><u>Unit: Contemporary issues in sport</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> <li>The issues which affect participation in sport</li> <li>The role of sport in promoting values</li> </ul> <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> <li>Baseline assessment (beginning of unit)</li> <li>LO1 end of content assessment</li> <li>LO2 end of content assessment</li> </ul> <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> <li>LO1 consolidation questions</li> <li>LO2 consolidation questions</li> </ul>	<p><u>Unit: Contemporary issues in sport</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> <li>The importance of hosting major sporting events</li> <li>The role of national governing bodies in sport</li> </ul> <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> <li>LO3 end of content assessment</li> <li>LO4 end of content assessment</li> <li>End of unit mock assessment</li> </ul> <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> <li>LO3 consolidation questions</li> <li>LO4 consolidation questions</li> </ul> <p>*Begin teaching of <b>Developing Sport Skills</b> once students have sat their exam.</p> <p><u>Unit: Developing sports skills</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> <li>Know how to use skills, techniques and tactics/strategies/ compositional ideas as a <b>team performer</b> in sporting activity</li> <li>How to evaluate to improve performance</li> </ul> <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> <li>LO1 Completion wk 3</li> </ul>

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			<p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> <li>Consolidation of learning</li> </ul>
Year 11			
	Term 1	Term 2	Term 3
Refer to OCR specification	<p><u>Unit: Developing sports skills</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> <li>How to use skills, techniques and tactics/strategies/ compositional ideas as an <b>individual performer</b> in a sporting activity</li> <li>How to officiate in a sporting activity</li> <li>How to evaluate to improve performance</li> </ul> <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> <li>LO2 Completion wk 6</li> <li>LO3 Completion wk 9</li> <li>LO4 completion wk 14</li> </ul> <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> <li>HMW1: SMH intro quiz</li> <li>HMW2: SMH Types of skill quiz</li> <li>HMW3: SMH Types of practice quiz</li> <li>HMW4: Hodder L4 Extension task</li> </ul>	<p><u>Unit: Developing knowledge and skills in outdoor activities</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> <li>Different types of outdoor activities and their provision</li> <li>Understand the value of participating in outdoor activities</li> <li>Be able to plan an outdoor activity</li> <li>Be able to demonstrate knowledge and skills during outdoor activities</li> </ul> <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> <li>LO1 completion wk 4 (end of Jan)</li> <li>LO4 completion wk 10 (end of feb)</li> </ul> <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> <li>HMW1: Hodder L1 Ext Activity</li> <li>HMW2: Hodder L1 Research Activity</li> <li>LO4 is a practical assessment</li> </ul>	<p><u>Unit: Developing knowledge and skills in outdoor activities</u></p> <p><u>What are the students learning?</u></p> <ul style="list-style-type: none"> <li>Different types of outdoor activities and their provision</li> <li>Understand the value of participating in outdoor activities</li> <li>Be able to plan an outdoor activity</li> <li>Be able to demonstrate knowledge and skills during outdoor activities</li> </ul> <p><u>What are the key standardised assessments?</u></p> <ul style="list-style-type: none"> <li>LO2 completion (March)</li> <li>LO3 completion (April)</li> </ul> <p><u>What are the standardised homework's?</u></p> <ul style="list-style-type: none"> <li>HMW1: Hodder L2 Homework Task</li> <li>HMW2: Hodder L2 Extension task</li> <li>HMW3: Hodder L3 Research Activity</li> <li>HMW4: Hodder L3 Discussion 2 Activity</li> <li>HMW5: SMH Quiz</li> </ul>